Introduction

This Senior Community Resource Guide is a service directory to assist older adults in locating services, agencies and programs. Every effort has been made to verify the accuracy of the information included within these pages. Should you become aware of a discrepancy, please let us know by calling 530-621-6369. Further information may be found on a specific agency or program website. You may contact the El Dorado County Senior Information and Assistance program if you need further assistance.

El Dorado County Senior Information and Assistance – Senior Helpline
530-621-6369 or 800-510-2020
Hours of Operation ................................................................. Monday–Friday 8:00 a.m. to 5:00 p.m.

Eldercare Locator ................................................................. 800-677-1116
This service provides local information, referral resources and contact information for state and local agencies.

The El Dorado County Health and Human Service Agency (HHSA) is a public agency that partners with the community on health and welfare issues. We help residents stay healthy and become self-sufficient through a variety of health and human services.

Our Vision: Transforming Lives and Improving Futures
Our Mission: With integrity and respect, we provide effective, efficient, collaborative services that strengthen, empower and protect individuals, families and communities, thereby enhancing their quality of life.
Area Agency on Aging
The Area Agency on Aging (AAA) is the office designated by the Board of Supervisors to carry out the daily functions and activities for citizens aged 60 and older as required under the Older Americans Act. The AAA operates within the El Dorado County Health and Human Services Agency.

Area Agency on Aging PSA 29 ........................................... 530-621-6369 or 800-510-2020
937 Spring St., Placerville www.edcgov.us/humanservices
AAA Director Michelle Hunter .......................................................... 530-621-6161

Board of Supervisors ........................................................................... 530-621-5390
330 Fair Ln., Placerville www.edcgov.us/bos
   District 1 – Ron Mikulaco
   District II – Shiva Frentzen
   District III – Brian Veerkamp
   District IV – Michael Ranalli
   District V – Sue Novasel

Health and Human Services Agency Main Line ..................................... 530-642-7300
(South Lake Tahoe) ........................................................................ 530-573-3200
www.edcgov.us/HHSA

Community Services Division ............................................................ 530-621-6150
(South Lake Tahoe) ......................................................................... 530-573-3490
Information and Assistance .............................................................. 530-621-6369

Mental Health Division ................................................................. 530-621-6290 or Crisis Line 530-622-3345
(South Lake Tahoe) ........................................................................ 530-573-7970 or Crisis Line 530-544-2219

Public Health Division ................................................................. 530-621-6100
(South Lake Tahoe) ......................................................................... 530-573-3155

Social Services Division ................................................................. 530-642-7300
(South Lake Tahoe) ......................................................................... 530-573-3200
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Adult Day Care Programs
Adult Day Care Programs provide a secure environment and therapeutic activities to help participants achieve optimal physical, mental and cognitive functioning. The programs improve the quality of life for older adults by reducing social isolation and increasing social and community engagement. Adult Day Care provides assistance to families and caregivers who care for an adult who may not be able to be left unattended or who can benefit from supervised socialization. This service may also provide respite (an opportunity for a caregiver to take a break from their caregiving duties). This is a fee for service program offered weekdays.

El Dorado County Senior Day Care ........................................................... 530-621-6180
935 A Spring St., Placerville
990 Lassen Ln., El Dorado Hills................................................................. 916-358-3560
www.edcgov.us/humanservices

Caregiver Support Programs
Helps caregivers better manage their caregiving responsibilities while ensuring their loved ones remain in the community for as long as possible.

El Dorado County Family Caregiver Support Program (FCSP) .................. ..530-621-6151
937 Spring St., Placerville
Promotes family caregivers through support and care. Caregiver services include extensive information, referral, assistance, education, support, training, care coordination, respite care, support groups and supplemental services.

Del Oro Caregiver Resource Center ..............................916-728-9333 or 800-635-0220
8421 Auburn Blvd., Ste. 265 Citrus Heights
Provides support to caregivers of brain impaired adults through education, respite, counseling and family consultations.

Caregiver Action Network (CAN) .............................................................. 202-454-3970
1130 Connecticut Ave., NW, Ste. 300, Washington, DC
Provides education, peer support and resources to family caregivers across the nation - (formerly the National Family Caregivers Association).
Education and Leisure

El Dorado County Senior Activities.......................................................... 530-621-6255
937 Spring St., Placerville  www.edcgov.us/humanservices
Recreational activities designed for seniors such as travel, trips, hiking, painting, bingo,
bridge, crafts, yoga, line dancing and more.

El Dorado County Senior Health Education Program (SHEP) ...................... 530-621-6151
937 Spring St., Placerville  www.edcgov.us/humanservices
Exercise program for seniors and educational trainings.

AARP Driver Safety Program..................................................................... 800-350-7025
937 Spring St., Placerville  www.aarpdriverssafety.org
For information and to make a reservation in El Dorado County ............... 530-621-6150
This program is a refresher course for drivers age 50 and older.

Folsom Lake College - El Dorado Center ................................................ 530-642-5644
6699 Campus Dr., Placerville  www.flc.losrios.edu
A branch of Folsom Lake College that provides continued education on various topics.

Folsom Lake College - Folsom Main Campus ......................................... 916-608-6500
10 College Parkway, Folsom  www.flc.losrios.edu
Folsom Lake College provides educational classes and degrees on various topics.

Lake Tahoe Community College ........................................................... 530-541-4660
1 College Drive, South Lake Tahoe  www.ltcc.edu
Lake Tahoe Community College provides educational classes and degrees on various topics.

Marshall Community Health Library......................................................... 530-626-2778
3581 Palmer Dr., Ste. 101, Cameron Park  www.marshallmedical.org/library
Public library serving community members and health care providers. Free of charge.
Topics include nutrition, mental health, fitness, dementia, pregnancy, caregiving, aging,
children’s health and complementary therapies.

Society for Accessible Travel & Hospitality (SATH)................................. 212-447-7284
www.sath.org
Educational organization that raises awareness about the needs of all travelers with disabilities. Strives to remove physical and attitudinal barriers to free access and expand travel opportunities.
Computer Labs
El Dorado County Connections One-Stop Center (Western Slope) ............... 530-642-4850
3047 Briw Rd., Placerville
South Lake Tahoe ........................................ 530-573-4330
3368 Lake Tahoe Blvd, South Lake Tahoe
Connections - One Stop helps people find jobs and improve job skills. Services are free.
Computer access is available onsite to conduct job searches, apply online and more.

El Dorado Hills Senior Center ................................................................. 916-358-3575
990 Lassen Ln., El Dorado Hills

Placerville Senior Resource Room ....................................................... 530-621-6150
937 Spring St., Placerville

South Lake Tahoe Senior Center .......................................................... 530-573-3130
3050 Lake Tahoe Blvd, South Lake Tahoe

Discount Programs
Many restaurants, supermarkets and department stores offer senior discounts. Travel deals and other types of offers may also be available. Age requirements can vary for each organization, so be sure to ask.

AARP Membership ................................................................. 888-687-2277
1415 L Street, Ste. 960, Sacramento
The American Association of Retired People (AARP) membership provides valuable discounts on retail products, dining, entertainment, travel and more. Health related discounts on vision, hearing, prescription and fitness services are also available.

California Department of Fish and Wildlife ..................................... 916-928-5805
1740 North Market Blvd., Sacramento
Offers free or reduced-fee sport fishing licenses for qualified disabled persons, disabled veterans or low-income individuals age 65 or older.

California State Parks and Recreation Department ..................... 800-777-0369
1416 9th St., Ste. 144, Sacramento
Discount passes are available for persons 62 years of age or older visiting California State Parks.
Libraries
El Dorado County Libraries provide public education for all ages. The libraries offer classes, instructional programs and research assistance. They loan print, electric and educational resources in welcoming environments open to the entire community.

Cameron Park Branch ................................................................. 530-621-5500
2500 Country Club Dr., Cameron Park  www.eldoradolibrary.org/cameron.htm

El Dorado County Main Library .................................................. 530-621-5540
345 Fair Ln., Placerville  www.eldoradolibrary.org

El Dorado Hills Branch ............................................................. 916-358-3500
7455 Silva Valley Parkway, El Dorado Hills  www.eldoradolibrary.org/edh.htm

Georgetown Branch ................................................................. 530-333-4724
6680 New Orleans St., Georgetown  www.eldoradolibrary.org/george.htm

Pollock Pines Branch ............................................................... 530-644-2498
6210 Pony Express Trail, Pollock Pines  www.eldoradolibrary.org/pollock.htm

South Lake Tahoe Branch .......................................................... 530-573-3185
1000 Rufus Allen Blvd., South Lake Tahoe  www.eldoradolibrary.org/tahoe.htm

El Dorado County Law Library .................................................. 530-626-1932
550 Main St., Ste. A, Placerville  www.eldoradocountylawlibrary.org
Parks and Recreation
Local Parks and Recreation Departments offer many recreational opportunities for community members; many programs and classes are specifically for seniors. Parks and Recreation Departments also maintain, operate and develop parkland and open space.

Cameron Park Community Services District.............................................. 530-677-2231
2502 Country Club Dr., Cameron Park  www.cameronpark.org

El Dorado County Parks Department...................................................... 530-621-5360
330 Fair Lane, Bldg. A, Placerville  www.edcgov.us/parks

El Dorado Hills Community Services District ...................................... 916-933-6624
1021 Harvard Way, El Dorado Hills  www.eldoradohillscsd.org

Placerville Recreation and Parks .......................................................... 530-642-5232
549 Main St., Placerville  www.cityofplacerville.org/depts/parks/default.asp

City of South Lake Tahoe Parks and Recreation...................................... 530-542-6056
1180 Rufus Allen Blvd, South Lake Tahoe  www.cityofslt.us

El Dorado County Visitors Authority ............................................... 530-621-5885 or 800-457-6279
542 Main St., Placerville  www.visit-eldorado.com/council.php
Resource for shopping, restaurants, lodging, local farm trails, outdoor recreation, parks, wineries, breweries, arts, entertainment, film commission and more.
Emergency Assistance and Services

IN AN EMERGENCY CALL 911

Emergency Contacts and Information

El Dorado County Adult Protective Services .................................................. 530-642-4800
El Dorado County Child Protective Services ............................................... 530-642-7100
El Dorado County Fire District ................................................................ 530-644-9630
El Dorado County Long-Term Care Ombudsman ...................................... 530-621-6271
Or Statewide Ombudsman 24-hour CRISIS Line ...................................... 800-231-4024
El Dorado County Mental Health CRISIS Line ........................................... 530-622-3345
(South Lake Tahoe) ................................................................................... 530-544-2219
El Dorado County Sheriff’s Department ................................................... 530-621-5655
(South Lake Tahoe) ................................................................................... 530-573-3000
Barton Memorial Hospital ........................................................................ 530-541-3450
Marshall Medical Center ......................................................................... 530-622-1441
Placerville City Police Department ......................................................... 530-642-5210
Poison Control Center ........................................................................... 800-222-1222
Cal-Trans Road Conditions ...................................................................... 800-427-7623
Nevada Department of Transportation Road Conditions .................... 877-687-6237
City of South Lake Tahoe Fire ................................................................. 530-542-6160
City of South Lake Tahoe Police ............................................................... 530-542-6100
Suicide Crisis Line .................................................................................. 800-273-8255
Emergency Assistance and Services Continued

El Dorado County Animal Services (Western Slope) ................................. 530-621-5795
6435 Capitol Ave., Diamond Springs
South Lake Tahoe…………………………………………………………………………....530-573-7925
1120 Shakori Drive, South Lake Tahoe  www.edcgov.us/AnimalServices
Shelters stray, unwanted, or displaced animals and coordinates foster and volunteer
programs. Enforces state statutes and county ordinances regulating animal care and
welfare; investigates citizens’ complaints of animal neglect or nuisance, and responds to
reports of loose and injured animals.

El Dorado County Emergency Medical Services Agency ............................ 530-621-6500
2900 Fair Lane Court, Placerville  www.edcgov.us/EMS
Ensures that the EMS system delivers the highest possible quality of prehospital
emergency medical care to victims of illness and injury in El Dorado County. Certifies
and trains emergency responders. In an emergency, call 911.

California Poison Control System ............................................................. 800-222-1222
2315 Stockton Blvd., Sacramento  www.calpoison.org
Provides immediate, free and expert treatment advice and referral over the telephone in
case of exposure to poisonous or toxic substances. In an emergency, call 911.

Office of Emergency Services (OES).......................................................530-621-5895
ready.edso.org/
The El Dorado County Sheriff’s Office CodeRED Emergency Notification System provides a
number of ways for the County to contact community members in the event of an
emergency such as: evacuations due to wildfires or hazardous material spills, or urgent
law enforcement operations. The EDSO CodeRED Emergency Notification System may be
used to deliver alerts when there is a threat to the health or safety of residents.
Employment and Vocational Training

El Dorado County Connections One-Stop Center ................................. 530-642-4850
3047 Briw Rd., Placerville

South Lake Tahoe ................................................................. 530-573-4330
3368 Lake Tahoe Blvd, South Lake Tahoe
www.edcgov.us/humanservices

Connections - One Stop helps people find jobs and businesses find employees. Services
are available to the public at no cost. Centers have free access to computers, assistance
with job searches, career assessments, help with resume development and interview
skills, trainings and workshops to improve job skills, and more. Paid work experience and
help with school tuition may be available.

El Dorado County Workforce Innovation & Opportunity Act ............... 530-642-4850
3047 Briw Rd., Placerville
www.edcgov.us/humanservices

South Lake Tahoe ................................................................. 530-573-4330
3368 Lake Tahoe Blvd., Ste. 100, South Lake Tahoe

Offer activities to eligible adults, dislocated workers and youth to promote and increase
employment, job retention, earnings and occupational skills of participants.

Central Sierra Regional Occupational Program (ROP) ....................... 530-621-0123
4675 Missouri Flat Rd., Placerville
http://cte.eduhsd.k12.ca.us/

ROP is part of the California public school system and provides course concentrations
and advanced training.

Charter Adult Education .......................................................... 530-622-7130
6767 Green Valley Rd., Placerville
http://aded.edcoe.org/

Offers courses for adults to meet their educational needs.

Department of Rehabilitation, State of California ............................ 800-952-5544
www.rehab.cahwnet.gov

1166 Broadway, Ste. S, Placerville 530-626-0900
2489 Lake Tahoe Blvd., Ste. 4, South Lake Tahoe 530-541-3226

Provides advocacy resulting in employment, independent living and equality for people
with disabilities.
AARP Senior Community Service Employment Program ........................... 866-448-3614
1415 L St., Sacramento http://www.aarpworksearch.org
This program helps eligible people age 55 or older gain skills they need to find and sustain employment in the workforce. Eligible participants are at or below the federally recognized poverty line and are interested in bettering their current employment situation.

Employment Development Department, State of California ............... 800-300-5616
www.edd.ca.gov
Connects job seekers and employers in an effort to build the economy.

Equal Employment Opportunity Commission....................................... 800-669-4000
1301 Clay St., Ste 1170-N, Oakland www.eeoc.gov
Enforces federal laws that make it illegal to discriminate against a job applicant or an employee because of the person’s race, color, religion, sex, pregnancy, national origin, age (40 or older), disability or genetic information. It is also illegal to discriminate against a person because the person complained about discrimination, filed a charge of discrimination or participated in an employment discrimination investigation or lawsuit.

Energy and Utility Assistance

Other financial assistance programs may be available. Call your utility provider for programs, qualifications and eligibility.

El Dorado County Home Energy Assistance Program (HEAP)............... 530-621-6150
937 Spring St., Placerville
South Lake Tahoe.................................................................................. 530-573-3490
1360 Johnson Blvd, Suite 103, South Lake Tahoe www.edcgov.us/humanservices
This federally funded direct payment program assists income eligible households in offsetting the cost of heating and/or cooling their homes. Funding is limited. Please call for program status.
Energy and Utility Assistance Continued

Liberty Utilities California Alternative Rates for Energy (CARE) ..................... 800-782-2506
933 Eloise Ave., South Lake Tahoe
Provides a monthly discount on energy bills for income-qualified households and housing
facilities. Qualifications are based upon the number of persons living in the home and
total annual household income.

PG&E California Alternative Rates for Energy (CARE) .................................. 800-743-5000
4636 Missouri Flat Rd., Placerville www.pge.com/care
Provides a monthly discount on energy bills for income-qualified households and housing
facilities. Qualifications are based upon the number of persons living in the home and
total annual household income.

Relief for Energy Assistance through Community Help (REACH) ........... 530-344-9178
899 Spring St., Placerville www.pge.com/reach
Provides emergency energy assistance to low-income families within the PG&E service
area who are in jeopardy of losing their electricity service. REACH is a one-time energy-
assistance program sponsored by PG&E and administered through the Salvation Army.

Southwest Gas California Alternatives Rates for Energy (CARE) ............... 877-860-6020
400 Eagle Station Lane, Carson City www.swgas.com
Provides a monthly discount on energy bills for income-qualified households and
housing facilities. Qualifications are based upon the number of persons living in the
home and total annual household income.

California Lifeline Program ............................................................................ 866-272-0349
www.californialifeline.com/en
Provides basic home phone service at a discount to eligible households.

Federal Lifeline Program .................................................................................. 888-CALL-FCC
www.lifelinesupport.org
Provides discounts on monthly telephone service for a wireless telephone to eligible
households. Also offers a discount on the initial installation or activation fees for
telephone service if your household qualifies.
Energy and Utility Assistance Continued

California Telephone Access Program (CTAP) ...................................................... 800-806-1191
P.O. Box 30310, Stockton  www.californiaphones.org
Offers a range of free, specialized phones that make it easier to hear, dial and call. Also
has phones designed for people with restricted mobility or speech impairments, or who
are blind or deaf.

Deaf and Disabled Telecommunication Program .............................. www.ddtp.org

Salvation Army Service Extension ............................................................. 530-889-3990
286 Sutter St., Auburn  www.salvationarmyusa.org
Can provide temporary emergency needs assistance that is not met by other agencies or
organizations.

Financial and Legal Services

Legal Records
El Dorado County Recorder – Clerk Office ............................... 530-621-5490
360 Fair Lane, Placerville
South Lake Tahoe .................................................. 530-573-7955 ext. 5490
3368 Lake Tahoe Blvd., Ste. 108, South Lake Tahoe  www.edcgov.us/countyclerk
The County Clerk issues and registers marriage licenses, accepts and indexes fictitious
business name statements, files notary bond certificates, powers of attorney, surety
bonds, inventory statements and certain environmental documents, and maintains a list
of public rosters.

El Dorado County Office of Vital Statistics............................ 530-621-6121
931 Spring Street, Placerville
South Lake Tahoe .......................................................... 530-573-7955 ext. 6121
www.edcgov.us/publichealth
The Office of Vital Statistics registers births and deaths that occur in El Dorado County.
The office also issues birth and death certificates and burial permits.
The Registrar of Voters is the department head for the Elections Department. This department provides elections services to all county residents for federal, state, county, city and special district elections.

El Dorado County Veteran Affairs .............................................................. 530-621-5892
130 Placerville Dr., Placerville
South Lake Tahoe .............................................................. 530-573-7955 ext. 5892
3050 Lake Tahoe Blvd, South Lake Tahoe
www.edcgov/Veterans
Provides guidance and advice to help veterans become aware of, and claim, the many benefits they are entitled to due to their military service. Entitlements include counseling, education benefits, medical benefits, Cal-Vet home loans programs, disability pensions, military funeral service and burial benefits.

Legal Resources
El Dorado County Senior Legal Services .............................................. 530-621-6154
937 Spring St., Placerville
www.edcgov.us/humanservices
Senior Legal Services helps El Dorado County residents age 60 or older who are seeking legal assistance with a civil, non-criminal matter. Services include estate planning, public benefits, consumer issues, health care, real property, wills & trusts, power of attorney, abuse and exploitation. Attorneys meet with seniors by appointment only.

El Dorado County Public Guardian .................................................... 530-642-4800
929 Spring St., Placerville
www.edcgov.us/humanservices
The Office of the Public Guardian ensures the physical and financial safety of persons unable to do so on their own, and when there are no viable alternatives to a public conservatorship. Services are defined and directed by the Superior Court. The Superior Court can appoint the Public Guardian as a conservator of the person only, estate only (for probate) or both person and estate.
Financial and Legal Services Continued

El Dorado County Probation Department (Western Slope) .................................................. 530-621-5625
3974 Durock Rd., Ste. 205, Shingle Springs
South Lake Tahoe .......................................................................................................................... 530-573-3083
1360 Johnson Blvd., Ste. 102, South Lake Tahoe www.edcgov.us/probation
Promotes the health and safety of residents by conducting investigations, enforcing Court Orders, ensuring victim’s rights, engaging in prevention partnerships and facilitating resocialization of offenders.

California Fair Employment and Housing Department ............................................. 916-478-7251
2218 Kausen Dr., Elk Grove www.dfeh.ca.gov
This agency investigates, conciliates and litigates complaints and enforces laws regarding discrimination in employment, housing, public accommodations and hate violence.

Health Insurance Counseling and Advocacy Program (HICAP) ....................... 530-621-6369
937 Spring St., Placerville www.edcgov.us/humanservices
Provides assistance with Medicare questions, help with health insurance and long-term care insurance.

Legal Services of Northern California ................................................................. 916-551-2150
190 Reamer St., Auburn www.lsnc.net
Provides legal representation to low-income individuals.

Voluntary Legal Services Program ........................................................................... 916-551-2102
517 12th St., Sacramento www.vlsp.org
This volunteer-based, pro bono, legal aid program provides free assistance with civil legal matters to low-income clients living in the Sacramento region.

Tax Preparation Assistance

AARP Tax-Aide Program .............................................................................................. 530-621-6150
937 Spring St., Placerville www.aarp.org/money/taxaide
Provides seasonal volunteer assistance with tax returns.

Franchise Tax Board ........................................................................................................... 800-852-5711
3321 Power Inn Rd., Ste. 250, Sacramento www.ftb.ca.gov
The Volunteer Income Tax Assistance or Tax Counseling for the Elderly programs provide volunteers to assist people who are age 60 or older, disabled or low-income with simple state tax returns. Language assistance is available.
Financial and Legal Services Continued

Internal Revenue Service Tax Help Line ......................... 916-974-5225 or 800-829-1040
Offers callers information regarding tax return preparation or notices from the IRS.

Funeral Preplanning and Death Related Services

El Dorado County Office of Vital Statistics ........................................... 530-621-6121
931 Spring Street, Placerville  www.edcgov.us/publichealth
South Lake Tahoe .......................................................................................... 530-573-7955 ext. 6121
The Office of Vital Statistics provides copies of certificates for births and deaths that have occurred in El Dorado County within the current year and immediate past year. They also issue burial permits.

El Dorado County Recorder-Clerk Office ........................................... 530-621-5490
360 Fair Lane, Placerville  www.edcgov.us/countyclerk
Issues certificates for births and deaths that occurred prior to the current and past year.

Online Funeral Information, Planning and Guide ............... www.funeralhomesguide.com

Organ and Body Donations

Body Donation – U.C. Davis Health System ......................................... 916-734-9560
4800 Broadway, Ste. 100, Sacramento  www.ucdmc.ucdavis.edu/bodydonation
Donors assist the medical school with anatomical materials necessary for the medical school curriculum. The mission of the Body Donation Program includes gratitude to the donors and their families, respect for all cultures and beliefs, and public education within our community.

California Department of Motor Vehicles (DMV) ......................... 800-777-0133
2919 Cold Springs Rd., Placerville  www.dmv.ca.gov
Provides organ donor cards.
Funeral Preplanning and Death Related Services Continued

California Transplant Donor Network ................................................................. 888-570-9400
12667 Alcosta Blvd., Ste. 500, San Ramon  www.ctdn.org
Coordinates organ and tissue recovery and distribution, and educates health care professionals and the public about the importance of organ and tissue donation.

Survivor and Burial Benefits

Department of Veteran Affairs ................................................................. 916-566-7430 or 800-827-1000
1111 Watt Ave., Ste. 390, Sacramento  www.cem.va.gov
Counselors are available to answer questions regarding burial, death pension, dependency indemnity compensation and direct deposit.

Social Security Administration ................................................................. 877-545-5497
Report a death, file for survivor benefits or file for burial benefits.

General Assistance and Services

El Dorado County Senior Information and Assistance……..530-621-6369 or 800-510-2020
937 Spring St., Placerville  www.edcgov.us/humanservices
This one-stop resource provides seniors with information and referral assistance so that they can make informed choices, continue to live safely and independently, and improve their overall wellbeing.

El Dorado County Public Health Preparedness and Response ....................... 530-621-7581
2900 Fair Lane Ct., Placerville  www.edcgov.us/PublicHealthPreparedness
Prepares for, and responds to, public health threats and emergencies in El Dorado County. Conducts emergency planning, surveillance, detection and control of diseases, health risk communication, and education and training services for the public and healthcare providers.
General Assistance and Services Continued

**El Dorado County Public Housing Authority** ........................................................... 530-621-6300
2900 Fair Lane Ct., Placerville  www.edcgov.us/humanservices
This program provides rental subsidy assistance (commonly known as Section 8 housing). The program operates under federal guidelines from the U.S. Department of Housing and Urban Development.

**El Dorado County Senior Peer Counseling** .......................................................... 530-621-6304
937 Spring St., Placerville  www.edcgov.us/humanservices
Offers confidential supportive counseling for people age 55 or older who may be lonely, isolated, grieving, sad and/or stressed about issues of growing older. Strives to help individuals increase independence, personal growth and enjoyment of life.

**California Retired Teachers Association (CalRTA)** ............................................. 916-923-2200
800 Howe Ave., Ste. 370, Sacramento .............................................................. www.calrta.org
Fights to protect the benefits of California’s retired educators.

**Call 2-1-1 Sacramento** ....................................................................................... 800-500-4931
www.211sacramento.org
Free, 24-hour telephone customer service center for people looking for community services and resources, such as shelter, food, counseling, employment assistance and more in Sacramento County.

**Friendship Line, Institute on Aging** ...................................................................... 800-971-0016
www.ioaging.org
Offers confidential telephone discussion for people age 60 or older, their caregivers and/or younger disabled adults who may be lonely, isolated, grieving, depressed, anxious and/or thinking about death or suicide.

**Parents, Families and Friends of Lesbians and Gays (PFLAG)**........... info@pflagplacerville.org
P.O. Box 415, Placerville  www.pflagplacerville.org
Educates the community about Lesbian, Gay, Bisexual and Transgender (LGBT) issues.
United Way California Capital Region ...................................................... 916-368-3000 
10389 Old Placerville Rd., Sacramento www.unitedway.org
Improves lives by mobilizing the caring power of communities around the world to advance the common good.

Clothes and Furniture

Green Valley Community Church ............................................................. 530-622-3231 
3500 Missouri Flat Rd., Placerville www.gvcconline.com

Live Violence Free.................................................................................... 530-544-2118 
2941 Lake Tahoe Blvd., South Lake Tahoe www.liveviolencefree.org

Seventh Day Adventist Church ................................................................. 530-622-2446 
6831 Mother Lode Dr., Placerville www.placervillesdachurch.org

Snowline Hospice Thrift Store .................................................................. 530-621-1802 
455 Placerville Dr., Placerville www.snowlinehospice.org

St. Patrick’s Aid Ministry .......................................................................... 530-621-7773 
3109 Sacramento St., Placerville www.stpatpv.org

Food Assistance and Hot Meals

Home Delivered Meals and Congregate Dining Centers ..................... 530-621-6160
937 Spring St., Placerville www.edc.gov/us/humanservices
The El Dorado County Senior Nutrition Program enables older adults to obtain a nutritious meal at an affordable price. Meals are available to people aged 60 years and older. Home delivered meals are available to homebound seniors. Lunch is served Monday – Friday at Senior Dining Centers located throughout El Dorado County (see list of congregate meal sites on page 38 of this guide). A suggested donation of $3 per meal.

Brown Bag Program.................................................................................. 530-621-9950 
4550 Business Dr., Cameron Park www.foodbankedc.org
Distributes both surplus and donated foods on a monthly basis to people age 60 or older who are living on low incomes.
General Assistance and Services Continued

Bread and Broth ..............................................................................................................775-588-3993
www.breadandbroth.org
Grace Hall of St. Theresa Church, 1041 Lyons Ave., South Lake Tahoe -
A hot meal is provided on Mondays from 4:00 to 5:30 p.m.
Lake Tahoe Community Presbyterian Church, 2733 Lake Tahoe Blvd., South Lake Tahoe -
A hot meal is served on Fridays from 4:00 to 5:00 p.m.

Calvary Chapel ..........................................................................................530-626-8484
6575 Commercial Way, Diamond Springs www.calvaryplacerville.com
The food closet is open on the 2nd and 4th Wednesdays of each month
from 10:00 a.m. to 12:00 p.m.

Christmas Cheer All Year ........................................................................530-542-4934
1120 Third St., South Lake Tahoe
The food closet is open weekly on Tuesday, Wednesday and Thursday from 11:00 a.m. to
2:00 p.m. Fresh produce is available the 1st, 2nd and 4th Friday each month at 11:00 a.m.

Emergency Food Closets
For contact information about Emergency Food Closets in your area, please call the Food
Bank at one of the listed numbers.

Placerville .................................................................530-621-9950
El Dorado Hills .............................................................916-939-6774
South Lake Tahoe ........................................................................530-541-9950

First Baptist Church of South Lake Tahoe ........................................530-544-2743
1053 Wildwood Ave., South Lake Tahoe www.firstbaptistchurchslt.com
Food closet is open on Wednesdays from 12:00 to 1:00 p.m.

Green Valley Community Church ........................................530-622-3231
3500 Missouri Flat Rd., Placerville www.gvcconline.net
Food closet is open Saturdays at 10:00 a.m.

Live Violence Free ..............................................................530-544-2118
2941 Lake Tahoe Blvd., South Lake Tahoe www.liveviolencefree.org
Food closet is open Monday – Friday from 8:00 a.m. to 4:00 p.m.
General Assistance and Services Continued

**Pollock Pines Community Church** ............................................................. 530-644-2133
6361 Pony Express Trail, Pollock Pines  [www.pollockchurch.com](http://www.pollockchurch.com)
*A hot meal is provided on Fridays from 5:30 p.m. to 6:30 p.m.*

**Seventh Day Adventist Church** ................................................................. 530-622-2446
6831 Motherlode Dr., Placerville  [www.placervillesdachurch.org](http://www.placervillesdachurch.org)
*Food Closet is open Wednesdays from 9:00 a.m. to 12:00 p.m.*

**S.H.A.R.E. Food Closet** ............................................................................. 530-626-8299
1031 Thompson Way, Placerville  [www.foodbankedc.org](http://www.foodbankedc.org)
*Recipients can receive three days of food supplies every two months.*

**Tahoe Family Resource Center** ................................................................. 530-542-0740
3501 Spruce Ave., South Lake Tahoe  [www.tahoefrc.org](http://www.tahoefrc.org)
*Food closet is open on the 2\(^{nd}\) Friday of every month from 9:00 a.m. to 5:00 p.m.*

**The Upper Room Dining Hall** ................................................................. 530-621-7730
1868 Broadway, Placerville  [www.stpatpv.org/serve/upper.htm](http://www.stpatpv.org/serve/upper.htm)
*A hot meal is provided every day from 4:00 p.m. to 5:30 p.m.*

**Homeless Assistance**

**Center for Violence Free Relationships** ........... 530-626-1450 or Crisis Line 530-626-1131
344 Placerville Dr., Ste. 11, Placerville  [www.thecenternow.org](http://www.thecenternow.org)
*Assists victims of domestic and/or sexual assault and their families. Helps with shelter, counseling, legal services and children’s services. Men’s groups are available.*

**Housing Emergency Lodging Program (H.E.L.P.)** ................................ 530-295-4177
P.O. Box 912, Placerville  [www.stpatpv.org/serve/help.htm](http://www.stpatpv.org/serve/help.htm)
*Assists local homeless individuals and their families to secure temporary emergency shelter.*

**Live Violence Free** .......................................................... 530-544-2118 or Crisis Line 530-5444-4444
2941 Lake Tahoe Blvd., South Lake Tahoe  [www.liveviolencefree.org](http://www.liveviolencefree.org)
*Assists victims of domestic and/or sexual assault and their families. Helps with shelter, counseling, advocacy, information and referrals.*
General Assistance and Services Continued

Only Kindness - Community Resource Center ........................................... 530-344-1864
www.edcrc.com
Provides information and referrals to El Dorado County’s at-risk and homeless families.

Tahoe Coalition for the Homeless ............................................................ 775-573-0822
www.tahoehomeless.org

Government Assistance

El Dorado County CalFresh (Western Slope) ........................................... 530-642-7300
3057 Briw Rd., Placerville
www.calfresh.ca.gov
South Lake Tahoe ................................................................. 530-642-7300
3057 Briw Rd., Placerville
www.calfresh.ca.gov
This program helps low-income people buy the food they need for good health. Formerly known as food stamps, this program is federally funded.

El Dorado County CalWORKs (Western Slope) ..................................... 530-642-7300
3057 Briw Rd., Placerville
www.cdss.ca.gov/calworks
South Lake Tahoe ................................................................. 530-642-7300
3368 Lake Tahoe Blvd., Ste. 100, South Lake Tahoe
Provides time-limited cash aid to families with eligible, needy children. CalWORKs is the state implementation of the Federal Temporary Assistance to Needy Families (TANF) program. Housing assistance is also available for CalWORKs clients through the Housing Support Program, which is designed to increase stability for local families by providing assistance and support needed to find a safe, affordable and permanent place to live.

El Dorado County General Assistance Program ..................................... 530-642-7300
3057 Briw Rd., Placerville
www.edcgov.us/humanservices
Provides assistance for adults without dependent children who meet eligibility requirements.

El Dorado County Home Energy Assistance Program (HEAP) ............. 530-621-6150
937 Spring St., Placerville
www.edcgov.us/humanservices
Assists eligible households in offsetting the cost of heating and/or cooling their homes. Funding is limited. Call for program status.
<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
<th>Website</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>El Dorado County Housing Choice Voucher Program</td>
<td>530-621-6300</td>
<td><a href="http://www.edcgov.us/humanservices">www.edcgov.us/humanservices</a></td>
<td>Enables eligible persons to rent privately owned, existing, safe and sanitary housing by making housing assistance payments to private landlords.</td>
</tr>
<tr>
<td>El Dorado County In-Home Supportive Services (IHSS)</td>
<td>530-642-4800</td>
<td><a href="http://www.edcgov.us/humanservices">www.edcgov.us/humanservices</a></td>
<td>Helps eligible recipients who are elderly, disabled or blind to stay safely in their homes. Pays providers to come into the home to assist with household and/or personal care tasks that the recipient cannot manage on their own.</td>
</tr>
<tr>
<td>El Dorado County Multipurpose Senior Services Program (MSSP)</td>
<td>530-621-6278</td>
<td><a href="http://www.edcgov.us/humanservices">www.edcgov.us/humanservices</a></td>
<td>This care management program helps Medi-Cal eligible seniors age 65 or older independently remain in their homes.</td>
</tr>
<tr>
<td>El Dorado County Veteran Affairs (Western Slope)</td>
<td>530-621-5892</td>
<td><a href="http://www.edcgov.us/Veterans">www.edcgov.us/Veterans</a></td>
<td>Assists veterans, their dependents and survivors in obtaining entitlements from federal, state and local agencies that administer veteran programs. It is not affiliated with the Federal Department of Veteran Affairs (VA).</td>
</tr>
<tr>
<td>El Dorado County Home Weatherization Program (Western Slope)</td>
<td>530-621-6150</td>
<td></td>
<td>This federally funded program provides eligible homeowners and renters with free energy efficiency upgrades to their homes to help reduce energy costs.</td>
</tr>
</tbody>
</table>
Government Assistance Continued

California Department of Consumer Affairs (DCA) ................................................. 800-952-5210
Protects and serves California consumers while ensuring a competent and fair marketplace. DCA helps consumers learn how to protect themselves from unscrupulous and unqualified individuals.

California Health and Human Services (CHHS) ................................................. 916-654-3454
1600 Ninth St., Ste. 460, Sacramento www.chhs.ca.gov
Oversees a range of health care services, social services, mental health services, alcohol and drug treatment services, income assistance and public health services to Californians.

California Department of Social Services .......... www.dss.cahwnet.gov/cdssweb

Congress of California Seniors .................................................................. 800-543-3352
1230 N St., Ste. 201, Sacramento www.seniors.org
Focuses its primary attention on legislative and consumer issues that affect older adults.

Federal Citizen Information Center, Senior Citizens Resources ............... 844-872-4681
www.usa.gov/Topics/
Offers government resources for seniors on money, housing, health, consumer protection and more.

National Institute on Aging (NIA) ............................................................. 800-222-2225
31 Center Dr., MSC 2292, Bethesda, MD www.nia.nih.gov
Dedicated to understanding the nature of aging, supporting the health and well-being of older adults, and extending healthy, active years of life for more people.

Social Security Administration ................................................................. 877-545-5497
3916 Missouri Flat Rd., Ste. A, Placerville www.socialsecurity.gov
Independent agency of the federal government that administers Social Security -- a social insurance program consisting of retirement, disability and survivors benefits.

State of California Office of the Patient Advocate (OPA) ...................... 916-324-6407
980 9th St., Ste. 8017, Sacramento www.opa.ca.gov
Offers consumers information needed to make the best health insurance decisions. Covers health care topics including consumer rights and responsibilities, dealing with problems and finding health care.
Health Related Agencies and Services

Alcohol and Substance Abuse

El Dorado County Alcohol and Drug Programs (Western Slope) ............... 530-621-6146
768 Pleasant Valley Rd., Diamond Springs
South Lake Tahoe .................................................................................... 530-573-7959
1900 Lake Tahoe Blvd., South Lake Tahoe www.edcgov.us/MentalHealth
Offers education, prevention, treatment and counseling services directly and through contracts with community agencies. Also manages various drug court programs.

Alcoholics Anonymous (AA) ...................................................................... 530-622-3500
P.O. Box 748, Placerville www.westernsloped22.org
South Lake Tahoe .................................................................................... 530-541-1243
www.nnig.org
This international fellowship provides supportive services to men and women who have had a drinking problem. Provides literature and group meetings.

Al-Anon and Alateen Information ............................................................ 916-334-2970
5429 Palm Ave., Ste. A, Sacramento www.ncwsa.org/d6-10
South Lake Tahoe .................................................................................... 530-541-1243
www.al-anon-alateen.org
Friends and families of problem drinkers find understanding and support at Al-Anon and Alateen meetings.

El Dorado Council on Alcoholism (EDCA) ............................................. 530-622-8193
893 Spring St., Placerville
Offers substance abuse treatment.

New Morning Youth and Family Services ............................................. 530-622-5551
6765 Green Valley Rd., Placerville www.newmorningyfs.org
Provides a safety net of services to troubled youth and their families.

Progress House ....................................................................................... 530-626-9240
2844 Coloma St., Placerville www.progresshouseinc.org
Provides a continuum of care for individuals and families with alcohol and other drug issues.
## Health and Disease Management

### ALS Association (Lou Gehrig’s disease)
- Phone: 916-979-9265
- Address: 2717 Cottage Way, Ste. 17, Sacramento
- Website: www.alssac.org

### Alzheimer’s Association
- Phone: 800-272-3900
- Address: 1455 Response Rd., Ste. 190, Sacramento
- Website: www.alz.org/norcal

### American Cancer Society
- Phone: 800-227-2345
- Address: 1545 River Park Dr., Ste. 100, Sacramento
- Website: www.cancer.org

### American Diabetes Association
- Phone: 800-342-2383 or 916-924-3232
- Address: 1900 Point West Way, Ste. 212, Sacramento
- Website: www.diabetes.org

### American Heart Association
- Phone: 800-242-8721
- Address: 2007 O St., Sacramento
- Website: www.heart.org
### Health Related Agencies and Services

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Phone Number</th>
<th>Address</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Red Cross</td>
<td>916-993-7070</td>
<td>1565 Exposition Blvd., Sacramento</td>
<td><a href="http://www.redcross.org">www.redcross.org</a></td>
</tr>
<tr>
<td>Arthritis Foundation</td>
<td>916-368-5599</td>
<td>1851 Heritage Ln. Ste. 183, Sacramento</td>
<td><a href="http://www.arthritis.org">www.arthritis.org</a></td>
</tr>
<tr>
<td>Bipolar Insights</td>
<td>530-642-0859</td>
<td>897 Union St., Placerville</td>
<td><a href="http://www.bipolarinsights.com">www.bipolarinsights.com</a></td>
</tr>
<tr>
<td>Carson Tahoe Cancer Resource Center</td>
<td>775-445-7500</td>
<td>1535 Medical Parkway, Carson City</td>
<td><a href="http://www.carsontahoe.com">www.carsontahoe.com</a></td>
</tr>
<tr>
<td>Lewy Body Dementia Association</td>
<td>800-539-9767</td>
<td>7707 Rush Dr., Sacramento</td>
<td><a href="http://www.lbda.org">www.lbda.org</a></td>
</tr>
<tr>
<td>Muscular Dystrophy Association (MDA)</td>
<td>916-921-9518</td>
<td>3010 Lava Ridge Ct., Roseville</td>
<td><a href="http://www.mda.org">www.mda.org</a></td>
</tr>
<tr>
<td>National Alliance for Hispanic Health</td>
<td>202-387-5000</td>
<td>1501 16th St., NW Washington, DC</td>
<td><a href="http://www.hispanichealth.org">www.hispanichealth.org</a></td>
</tr>
<tr>
<td>National Alliance on Mental Illness (NAMI), El Dorado County</td>
<td></td>
<td>P.O. Box 393, El Dorado, CA</td>
<td><a href="http://www.namieldorado.org">www.namieldorado.org</a></td>
</tr>
<tr>
<td>National Multiple Sclerosis Society</td>
<td>916-927-8000</td>
<td>4225 Northgate Blvd., Ste. 4, Sacramento</td>
<td><a href="http://www.nationalmssociety.org">www.nationalmssociety.org</a></td>
</tr>
<tr>
<td>NorCal Services for Deaf &amp; Hard of Hearing</td>
<td>916-349-7500</td>
<td>4708 Roseville, Ste. 112, North Highlands</td>
<td><a href="http://www.norcalcenter.org">www.norcalcenter.org</a></td>
</tr>
</tbody>
</table>
### Health Related Agencies and Services Continued

<table>
<thead>
<tr>
<th>Agency</th>
<th>Contact Information</th>
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</thead>
<tbody>
<tr>
<td>U.C. Davis Alzheimer’s Disease Research Center</td>
<td>916-734-5496, 4860 Y St., Ste. 3900, Sacramento, alzheimer.ucdavis.edu</td>
</tr>
</tbody>
</table>

### Health Services and Medical Service Providers

**El Dorado County Mental Health Division (Western Slope)**
  - South Lake Tahoe: 530-573-7970, 1900 Lake Tahoe Blvd., South Lake Tahoe, Crisis Line 530-544-2219

The Mental Health Division has outpatient clinics for adults who meet income and eligibility criteria. Services include screenings, evaluations, individual case management and family work. Mental Health also has two Wellness Center locations on the Western Slope and South Lake Tahoe that provide a welcoming environment where clients and community members can socialize and gain a variety of personal skills, attend peer support groups and learn life skills focusing on managing mental health symptoms.

**El Dorado County Public Health Division (Western Slope)**
- 530-621-6100, 931 Spring Street, Placerville, www.edcgov.us/PublicHealth
  - South Lake Tahoe: 530-573-3155, 1360 Johnson Blvd., Ste. 103, South Lake Tahoe

The Public Health Division monitors the overall health of the community and promotes wellness. Program staff control disease outbreaks, respond to public health emergencies, issue birth/death certificates, certify paramedics and conducts water testing. They also provide home visits and case management for at-risk families, low-cost immunizations, community health education and more.
Barton Health ................................................................. 530-541-3420
2170 South Ave., South Lake Tahoe www.bartonhealth.org
Barton Health is a rural health system that provides health and wellness services to Lake
Tahoe residents and the area’s visitors. Barton Memorial Hospital has expanded its acute
care services to include physician and outpatient facilities.

Divide Wellness Center-Marshall Medical Center .................................. 530-333-2548
6065 Highway 193, Georgetown www.marshallmedical.org
This community clinic is coordinated by Marshall Medical Center and provides complete
family medical care. They accept Medicare and Medi-Cal.

El Dorado Community Health Center ........................................... 530-621-7700
4327 Golden Center Dr., Placerville www.edcchc.org
This primary care center provides a full range of family practice services, including Client
Advocate, Pharmacy Program and Patient Assistant Program for medications,
acupuncture, podiatry, behavioral health and referral services. They accept most private
insurances, Medi-Cal, Medicare, the underinsured and those without insurance.

Marshall Medical Center .......................................................... 530-622-1441
1100 Marshall Way, Placerville www.marshallmedical.org
Marshall Medical Center includes Marshall Hospital, a fully accredited acute care facility;
several outpatient facilities in Cameron Park, Placerville, El Dorado Hills and Georgetown;
Marshall Physician Clinic Services, and many community health and education programs.

Medi-Cal (Western Slope) .............................................................. 530-642-7300
3057 Briw Rd., Placerville www.edcgov.us/humanservices
South Lake Tahoe ........................................................................... 530-573-3200
3368 Lake Tahoe Blvd., Ste. 100, South Lake Tahoe
Medi-Cal is California’s Medicaid program. This public health insurance program
provides health care services for low-income individuals including families with children,
seniors, persons with disabilities, and others. Medi-Cal provides assistance in meeting
health care expenses for eligible persons.

Shingle Springs Tribal Health Program ...................................... 530-387-4975
5168 Honpie Rd., Shingle Springs www.ssthp.org
Provides the community with quality care in a secure and comfortable environment.
Services include medical, dental and mental health. Accepts most private insurances,
Medi-Cal, Medicare, the underinsured and those without insurance.
Western Sierra Medical Center ................................................................. 530-647-9762
3070 Camino Heights Dr., Camino  www.wsmedicalcenter.com
Provides primary health care including preventative medicine, adult exams, urgent care for established patients and minor office procedures. Accepts Medi-Cal and Medicare.

Hospice Services and Support

Barton Home Health & Hospice ................................................................. 530-543-5581
2092 Lake Tahoe Blvd., Ste. 500, South Lake Tahoe  www.bartonhealth.org
Home Health services are provided by a team of professionals in the privacy of your home with a doctor’s referral. Hospice services include supporting terminally ill patients near end-of-life and guiding their loved ones through grief. Hospice benefits are included in Medicare, Medi-Cal and most health insurance plans.

Snowline Hospice .................................................................................... 530-621-7820
6520 Pleasant Valley Rd., Diamond Springs  www.snowlinehospice.org
Services include supporting terminally ill patients near end-of-life and guiding their loved ones through grief. Hospice benefits are included in Medicare, Medi-Cal and most health insurance plans.

Housing

El Dorado County Long-Term Care Ombudsman (LTCO) ....................... 530-621-6271
To report elder abuse in a SNF, or RCFE, call your local LTCO office or ...... 800-231-4024
937 Spring St., Placerville  www.edcgov.us/humanservices
The Long-Term Care Ombudsman Program advocates for quality care and quality of life for all residents of Skilled Nursing Facilities and Residential Care Facilities. Residential Care Facilities for the Elderly (RCFE), also referred to as “Assisted Living” or “Board and Care” facilities, are non-medical facilities that provide a level of care that includes assistance with daily living activities. Skilled Nursing Facilities (SNF) provide 24 hour, 7 days a week expert care for those in need of constant care. This type of facility is for those who need short or long-term care. Medically trained staff provides care, with nurses supervising treatments, giving medications and monitoring chronic disorders.

California Community Care Licensing .................................................. www.ccld.ca.gov
California Department of Public Health .............................................. www.cdph.ca.gov
Housing Continued

El Dorado County Community Development Block Grant Program ........... 530-621-5595
330 Fair Ln., Placerville                                        www.edcgov.us/HCED/
Assists households with loans to rehabilitate their homes from blight, provide loans to
first-time homebuyers, build community facilities to bring services closer to the
community where families live, and provide grants to improve infrastructure to a
housing development.

El Dorado County Public Housing Authority ............................................. 530-621-6300
2900 Fairlane Ct., Placerville                                         www.edcgov.us/humanservices
Operates under federal guidelines from the U.S. Department of Housing and Urban
Development to provide rental subsidy assistance (more commonly known as Section 8).

California Advocates for Nursing Home Reform (CANHR) ......................... 800-474-1116
650 Harrison St., San Francisco www.canhr.org/RCFE
Provides information and education about nursing home issues; advocates for improved
quality of life for people in nursing homes.

City of South Lake Tahoe Development Services ...................................... 530-542-7417
1052 Tata Lane, South Lake Tahoe                                                                   www.cityofslt.us
Provides lists of affordable housing projects and manages the Housing Hotline to assist
residents with landlord-tenant concerns, information and resources, or complaints
regarding the condition of their rental unit.

Nursing Home Compare................................................................. www.medicare.gov/nhcompare
Detailed information about every Medicare and Medicaid-certified nursing home in the
country.

U.S. Department of Housing and Urban Development ......................... 800-669-9777
650 Capital Mall, Ste. 4-200, Sacramento www.hud.gov
Creates strong, sustainable, inclusive communities and quality, affordable homes for all.

U.S. Department of Agriculture – Rural Development ........................ 530-885-6505
11661 Blocker Dr., Ste. 120, Auburn
Committed to the future of rural communities by offering low-cost home loans to
purchase a home, or home loans and grants to be used for home repairs.
Independence Assistance

El Dorado County In-Home Supportive Services (IHSS) ............................... 530-642-4800
3057 Briw Rd., Placerville www.edcgov.us/humanservices
Helps eligible recipients who are elderly, disabled or blind stay in their homes by paying providers to come into the home and assist with household and/or personal care tasks that the recipient cannot manage on their own.

El Dorado County In-Home Supportive Service Public Authority .............. 530-621-6287
937 Spring St., Placerville www.edcgov.us/humanservices
Assists those receiving IHSS by ensuring access to skilled providers who can help the recipient sustain independent living.

El Dorado County Multipurpose Senior Services Program (MSSP) .......... 530-621-6278
935 A Spring St., Placerville www.edcgov.us/humanservices
Care management services for residents age 65 or older, who are Medi-Cal eligible and at risk of placement in a skilled nursing facility due to frail health.

El Dorado County You Are Not Alone (YANA) Program ............................ 530-621-6255
937 Spring St., Placerville www.edcgov.us/humanservices
Free daily telephone “check-in” and reassurance services available 7 days a week, supported by the Sheriff’s Department and Human Services volunteers.

Alta California Regional Center ................................................................. 530-626-1353
344 Placerville Dr., Ste. 1, Placerville www.altaregional.org
Assists persons with disabilities and their families. They do this by providing and securing those services and supports necessary to maximize opportunities.

Ability Tools .............................................................................................. 800-390-2699
1000 G St., Ste. 100, Sacramento www.abilitytools.org
Expands accessibility of tools, resources and technology to increase independence, improve personal productivity and enhance quality of life for all Californians.

California Foundation for Independent Living Centers ......................... 916-325-1690
1000 G St., Ste. 100, Sacramento www.cfilc.org
Advocates for barrier-free access and equal opportunities for people with disabilities by increasing the capacity of Independent Living Centers.

National Council on Independent Living (NCIL) ..................................... www.ncil.org
Independence Assistance Continued

Motherlode Rehabilitation Enterprises, Inc. (MORE) ................................................. 530-622-4848
399 Placerville Dr., Placerville ........................................................................... www.morerehab.org
Provides services for adults with developmental disabilities using best practices. Also assists the community in providing real life opportunities, including work, for those they serve.

Society for the Blind .............................................................................................. 916-452-8271
1238 S St., Sacramento, ........................................................................... www.societyfortheblind.org
For persons 55 or over and living with vision loss, the Senior Impact Project helps improve and maintain independence. This federally funded program provides no cost training in non-visual skills. All services, including transportation to and from select programs, at no charge.

Placer Independent Resource Services (PIRS) .................................................. 530-885-6100
11768 Atwood Rd., Ste. 29, Auburn .................................................................. www.pirs.org
Advocates, empowers, educates and provides services for people with disabilities enabling them to control their alternatives for independent living.

Legal Information and Assistance

El Dorado County Senior Legal Services ............................................................. 530-621-6154
937 Spring St., Placerville ........................................................................... www.edcgov.us/humanservices
Senior Legal Services is intended to help if you are age 60 or older, reside in El Dorado County and are seeking legal assistance with a civil, non-criminal matter. Services include estate planning, public benefits, consumer issues, health care, real property, wills & trusts, power of attorney, abuse and exploitation. Attorneys meet with seniors by appointment only.

El Dorado County Law Library ............................................................................. 530-626-1932
550 Main St., Ste. A, Placerville ....................................................................... www.eldoradocountylawlibrary.org
Free legal clinics offered on a first come, first serve basis. Call or visit website for information on classes, services, legal links and guides.
El Dorado County District Attorney .......................................................... 530-621-6472
515 Main St., Placerville www.edcgov.us/eldoda
The District Attorney’s Office investigates and prosecutes crimes. Crimes involving consumer fraud, bad checks, insurance fraud and environmental crimes should be reported directly to the District Attorney’s Consumer/Environmental Protection Unit.

California Courts.............................................................................. www.courts.ca.gov
Official court website provides referrals to self-help legal resources. Click on “Self-Help” link and select “Finding Free and Low-Cost Legal Help” for resources and information. This website also provides forms and rules for specific court matters.

El Dorado County Bar Association ............................................................ 530-626-5152
550 Main St., Ste. A, Placerville www.eldoradocountyattorneys.org
Find local attorneys using name, category or location.

FindLaw............................................................................................ www.findlaw.com
Provides legal information about numerous topics. Also offers help with finding a lawyer, legal questions and various legal forms.

Library of Congress ................................................................................... www.loc.gov
Click on the “Ask a Librarian” link to get help answering questions on a variety of topics, including law (US and International).

Sacramento County Public Law Library .................................................... 916-874-6012
609 9th St., Sacramento www.saclaw.org
Call the main line or visit the website for information on classes offered, research guides, free forms, online resources and more.
Senior Centers and Congregate Meal Programs

Senior Centers
El Dorado County has three (3) Senior Centers conveniently located throughout El Dorado County. Each of the Senior Center locations offers daily programs and activities, and access to a variety of services for adults age 60 or older. The Senior Centers are a great way to stay active, socialize and learn new skills.

El Dorado Hills Senior Center ................................................................. 916-358-3575
990 Lassen Dr., El Dorado Hills

Placerville Senior Center ................................................................. 530-621-6150
937 Spring St., Placerville

South Lake Tahoe Senior Center ................................................................. 530-573-3130
3050 Lake Tahoe Blvd., South Lake Tahoe
Senior Centers and Congregate Meal Programs
Continued

El Dorado County Senior Nutrition Program and Home Delivered Meals .. 530-621-6160
937 Spring St., Placerville www.edcgov.us/humanservices
Coordinates the Home Delivered Meals program and meals at senior congregate meal sites.

Home Delivered Meals
Individuals who are medically or physically disabled and age 60 or older may be eligible to receive a hot nutritious meal delivered to their home Monday through Friday, with frozen weekend meals available upon request. The suggested donation for home delivered meals is $3 per meal. Eligibility is determined by staff assessment. Some restrictions apply.

Senior Congregate Meal Sites
Adults age 60 or older have the opportunity to enjoy a nutritionally balanced lunchtime meal once each weekday. Contributions are suggested but not required. Meals are served weekdays from 12:00 p.m. to 12:30 p.m.

Cameron Park Community Center (Mon & Fri only) 530-677-2231
2502 Country Club Dr., Cameron Park

Diamond Springs Lions Hall 530-622-8131
4701 Missouri Flat Rd., Diamond Springs

El Dorado Hills Senior Center 916-358-3575
990 Lassen Ln., El Dorado Hills

Greenwood Community Center 530-885-9160
4411 Hwy. 193, Greenwood

Pioneer Park Community Center 530-620-5432
6740 Fairplay Rd., Somerset

Placerville Senior Center 530-621-6160
937 Spring St., Placerville

Pollock Pines Community Center 530-644-4008
2675 Sanders Dr., Pollock Pines

South Lake Tahoe Senior Center 530-573-3130
3050 Lake Tahoe Blvd., South Lake Tahoe
Transportation

Senior Shuttle .......................................................................................... 530-621-6369
937 Spring St., Placerville www.edcgov.us/humanservices
Provides weekly scheduled shopping trips in the greater Placerville area. Shuttle riders can also enjoy trips to special events and out-of-county activities. The Senior Shuttle is available by advanced reservation and provides curb-to-curb transportation service. Not wheelchair accessible and has a suggested donation.

El Dorado Transit
El Dorado Transit Authority ..................................................................... 530-642-5383
6565 Commerce Way, Diamond Springs www.eldoradotransit.com
The El Dorado Transit Authority provides four local bus routes serving the west slope of El Dorado County. They also offer a number of special services:

ADA Paratransit/Off-Route Deviation Services is a specialized transportation service for persons who are unable to independently use regular bus route service due to a disability or health-related condition some or all of the time; must be certified as eligible. Application for this service is available through El Dorado Transit.

El Dorado Commuter provides eleven morning trips from El Dorado County to Sacramento and eleven return trips in the afternoon. It is a fast, easy way to commute to downtown Sacramento.

50X provides service hourly between Placerville and the Iron Point Light Rail Station in Folsom; this is a limited stop route that serves Park and Ride locations, Folsom Lake College (Folsom and ED campuses), Cameron Park and the Tribal Health clinic along the Highway 50 Corridor.

El Dorado Transit Dial-A-Ride ................................................................... 530-642-3696
6565 Commerce Way, Diamond Springs www.eldoradotransit.com/dialaride.html
Dial-A-Ride is available to everyone, however, seniors age 60 or older and persons with disabilities receive priority in the booking process. This is a curb-to-curb transportation service and is available by advanced reservation.

Sac-Med Non-Emergency Medical Appointment Transportation .......... 530-642-3696
6565 Commerce Way, Diamond Springs www.eldoradotransit.com
Sac-Med is a shared ride public non-emergency medical appointment transportation service for seniors, disabled and general public passengers. This service operates on Tuesday and Thursday. Ride requests are scheduled on a first come, first serve basis.
Tahoe Transportation

Tahoe Transportation District ............................................................................. 775-589-5500
128 Market St., Ste. 3F, Stateline NV                                         www.tahoetransportation.org
The Tahoe Transportation District (TTD) currently sponsors two North/West Shore
shuttle services and oversees BlueGo transit on the South Shore.

BlueGo ............................................................................................................... 530-541-7149
The South Shore area’s coordinated transit system includes local fixed-route bus service
and commuter bus service connecting the area with Carson City and Carson Valley. The
system also includes winter ski shuttles, summer trolley service to Emerald Bay, and
summer bus service between Incline Village and Sand Harbor.

Tahoe Transportation District ADA Demand Response .............................. 775-589-5500
128 Market St., Ste. 3F, Stateline NV                                         www.tahoetransportation.org
This service is administered by TTD and is available for persons who cannot otherwise
use the fixed route system due to disabilities or health-related conditions, persons over
60 years of age, and veterans with a “Service-connected Disability” designation on their
Veteran’s Health Identification Card.

Tahoe Transportation District SLT Specialized Transportation .......... 530-541-7149 ext. 3
The South Lake Tahoe Specialized Transportation Service (SLT-STS) can provide
interregional and out-of-area transportation for adults 60 years of age and older and
individuals with disabilities. The SLT-STS provides monthly trips to Sacramento,
Placerville/Western El Dorado County, North Lake Tahoe/Truckee and Reno/Carson City.
The service can also bring those living in outlying neighborhoods to programs and
services in the community, as well as provide transportation to regional programs and
services they are unable to access without assistance.
Veterans Services

El Dorado County Veteran Affairs ............................................................... 530-621-5892
130 Placerville Dr., Placerville

South Lake Tahoe .......................................................... 530-573-7855 ext. 5892
3050 Lake Tahoe Blvd., South Lake Tahoe  www.edcgov.us/veterans
The Veteran Affairs Office provides guidance and advice to help veterans become aware and claim the many benefits they earned and are entitled to, while in military service to our country. Entitlements include counseling, education benefits, medical benefits, Cal-Vet home loans programs, disability pensions, and military funeral service and burial benefits.

California Department of Veterans Affairs ............................................. 800-952-5626
1227 O St., Sacramento  www.calvet.ca.gov

Homeless Veterans Outreach and Awareness ..................................... 800-952-5626
1227 O St., Sacramento  www.calvet.ca.gov/VetServices/Housing.aspx
Information regarding housing assistance programs for homeless veterans. Housing and supportive services include Homeless Prevention and Rapid Re-Housing Program, Domiciliary Care for Homeless Veterans, Grant and Per Diem Programs.

Paralyzed Veterans of America (PVA) ................................................ 800-424-8200
801 Eighteenth St., NW Washington, DC  www.pva.org
Helps a veteran get back to work or secure benefits that have been denied.

United States Department of Veterans Affairs-Regional Office .......... 800-827-1000
10365 Old Placerville Rd., Sacramento  www.va.gov
Provides a wide range of benefits to veterans including: disability, education and training, vocational rehabilitation and employment, home loan guaranty, dependent and survivor benefits, medical treatment, life insurance and burial benefits.

Veterans Home of California ................................................................. 800-952-5626
1227 O St., Sacramento  www.calvet.ca.gov
Volunteer Opportunities

El Dorado County Health and Human Services ........................................530-621-6369
You can make a difference in the lives of others by volunteering with El Dorado County’s Health and Human Services Agency (HHSA). Volunteers are needed in many programs including: Animal Services, Senior Services, Public Health, Mental Health and Child Protective Services. For more information about specific volunteer opportunities, visit HHSA’s website - http://www.edcgov.us/HumanServices/Volunteer_Opportunities.aspx

Big Brothers Big Sisters of El Dorado County .........................................530-626-1222
3461 Robin Ln., Cameron Park www.mentors4youth.org
Helps children realize their potential and build their futures. They nurture children and strengthen communities.

Court Appointed Special Advocates (CASA) ........................................530-622-9882
347 Main St., Placerville www.casaeldorado.org
CASA El Dorado is part of a national non-profit organization that trains volunteers to advocate for abused and neglected children.

El Dorado County Habitat for Humanity ..................................................530-621-2111
6168 Pleasant Valley Rd., Diamond Springs www.edchabitat.com/volunteer
This organization has a wide range of volunteer opportunities for groups and individuals. Volunteers can help with new home construction and home restoration, office support, family services, event planning, work in our retail building supplies outlet, and many other aspects of the organization’s work.

Food Bank of El Dorado County .............................................................530-621-9950
3291 B, Coach Ln., Cameron Park www.foodbankedc.org
Provides food assistance on a daily basis in partnership with over 40 local emergency food response agency sites, including battered women’s shelters, senior centers, local food pantries, underprivileged youth programs, youth shelters, soup kitchens, maternity homes and more.

Friends of Seniors El Dorado County .....................................................530-626-6323
P.O. Box 564, Placerville www.friendsofedcseniors.org
Friends of El Dorado County Seniors is a private, non-profit organization supporting wellness, life enrichment, dignity and independence of El Dorado County Seniors and their caregivers through advocacy and financial assistance.
Senior Services Quick Reference Guide

Adult Protective Services (APS) ................................................................. 530-642-4800
Animal Services (Western Slope) ............................................................... 530-621-5795
Animal Services (South Lake Tahoe) ......................................................... 530-573-7925
Barton Health ....................................................................................... 530-541-3420
CalFresh Program (Food Stamps) (Western Slope) ............................... 530-642-7300
CalFresh Program (South Lake Tahoe) .................................................. 530-573-3200
Child Protective Services (CPS)/Foster Care ......................................... 530-642-7100
El Dorado Transit-Local Bus/Dial-A-Ride .................................................. 530-642-3696
Family Caregiver Support Program (FCSP) ......................................... 530-621-6151
Health and Human Services Agency (Western Slope) ......................... 530-642-7300
Health and Human Services Agency (South Lake Tahoe) .................... 530-573-3200
Health Insurance Counseling and Advocacy Program (HICAP) ........... 530-621-6369
Home Energy Assistance Program (HEAP) (Western Slope) ............ 530-621-6150
Home Energy Assistance Program (HEAP) (South Lake Tahoe) ....... 530-573-3490
In-Home Supportive Services (IHSS) ..................................................... 530-642-4800
Information and Assistance (I&A) ....................................................... 530-621-6369 or 800-510-2020
Long-Term Care Ombudsman (LTCO) ................................................. 530-621-6271 or Crisis Line 800-231-4024
Marshall Medical Center ...................................................................... 530-622-1441
Medi-Cal (Western Slope) ..................................................................... 530-642-7300
Medi-Cal (South Lake Tahoe) ................................................................. 530-573-3200
Mental Health (Western Slope) .............................................................. 530-621-6290 or Crisis Line 530-622-3345
Mental Health (South Lake Tahoe) ....................................................... 530-573-7970 or Crisis Line 530-544-2214
Multipurpose Senior Services Program (MSSP) ................................. 530-621-6278
Public Guardian ................................................................................... 530-642-4800
Public Health (Western Slope) ............................................................... 530-621-6100
Public Health (South Lake Tahoe) ......................................................... 530-573-3155
Senior Activities .................................................................................. 530-621-6255
Senior Day Care .................................................................................. 530-621-6180
Senior Health Education Program (SHEP) .......................................................... 530-621-6151
Senior Legal Services .......................................................................................... 530-621-6154
Senior Nutrition Program .................................................................................. 530-621-6160
Senior Peer Counseling ..................................................................................... 530-621-6304
Senior Resource Room ...................................................................................... 530-621-6150
Senior Shuttle .................................................................................................... 530-621-6369
Senior Times Newsletter .................................................................................... 530-621-6255
Sheriff’s Office (Western Slope) ......................................................................... 530-621-5655
Sheriff’s Office (South Lake Tahoe) ................................................................. 530-573-3000
Suicide Crisis Line ............................................................................................. 800-273-8255
Tahoe Transportation District – BlueGo ............................................................ 530-541-7149
Veteran Services ............................................................................................... 530-621-5892
Veteran Services (South Lake Tahoe) ............................................................... 530-573-7955 ext. 5892
Weatherization Assistance Program (Western Slope) ..................................... 530-621-6150
Weatherization Assistance Program (South Lake Tahoe) ................................ 530-573-3490
You Are Not Alone (YANA) .............................................................................. 530-621-6255