



**El Dorado County  
Mental Health  
Services Act (MHSA)  
*and*  
Community Program  
Planning Process (CPPP)  
Training**

*for the*  
**Fiscal Year 2022/2023  
Annual Update**

**Health and Human Services Agency  
Behavioral Health Division**

# What is MHSA?

(Mental Health Services Act)

- Proposition 63 passed by California voters in 2004
- Imposes a 1% tax on personal income above \$1,000,000
- MHSA is designed to develop a public mental health system of care that provides:
  - A focus on wellness, recovery, and resiliency;
  - Cultural and linguistic competency;
  - Consumer and family-driven services, participation, and involvement;
  - Community collaboration and partnerships; and
  - An integrated service experience.

# MHSA Three-Year Plan Cycle

Three years in duration:

- Year 1 – Three-Year Plan
- Year 2 – Annual Update
- Year 3 – Annual Update



Months	Activity
July - October 2021	Review prior Three-Year MHSA Plan; continue implementing projects in the Three-Year Plan; develop Community Program Planning Process for the Fiscal Year 2022/23 Annual Update
November/December 2021; January/February 2022	Community Program Planning Process - meet with stakeholders county-wide
February/March/April 2022	Draft Fiscal Year 2022/23 Annual Update and Fiscal Year 2020/21 Outcomes

# MHSA Three-Year Plan Cycle

Three years in duration:

- Year 1 – Three-Year Plan
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Months	Activity
April 2022	Draft Update published for public comments
May 2022	Public Hearing before the Behavioral Health Commission
June 2022	Proposed Update presented to the Board of Supervisors
July 2022	Implement Projects and begin planning for Fiscal Year 2023/26 Three-Year Plan



**Mental Health Services Act (MHSA)**  
**Proposition 63 known as the “millionaires tax”**  
**was enacted into law January 1, 2005**

**MHSA**  
**EL DORADO**

**Prevention and Early Intervention (PEI)**

- Programs provide prevention and early intervention with a focus on education and services for underserved populations to prevent a mental illness from becoming severe and disabling
- 19% of funds

**Community Services and Supports (CSS)**

- Programs focus on the development of recovery-oriented services for children, youth, adults and older adults with severe emotional disturbance (under age 18) and serious mental illness (age 18+)
- 76% of funds

**Innovation (INN)**

- The purpose of Innovation is to increase the access and quality of services, with a focus on learning and providing an opportunity to test new approaches that can inform current and future practices
- 5% of funds

**Workforce Education and Training (WET)**

- Programs and activities for prospective and current employees, contractors, volunteers and peer specialists to improve and build the capacity of the mental health workforce
- Funds transferred from CSS. Not to exceed 20% of funds (of the previous 5 year CSS average)

**Capital Facilities and Technological Needs (CFTN)**

- Provides support for items necessary to develop an integrated infrastructure and improve the quality and coordination of care
- Funds transferred from CSS. Not to exceed 20% of funds (of the previous 5 year CSS average)

# FY 2021-2022 MHSA Revenues

	PEI	CSS	INN	WET	CFTN	TOTAL
<b>Prop 63 (MHSA)</b>	\$(1,615,000)	\$(6,460,000)	\$(425,000)	--	--	\$(8,500,000)
<b>AB 114 Reversion</b>	--	--	\$(470,000)	--	--	\$(470,000)
<b>Federal: PATH and MHBG</b>	--	\$(462,000)	--	--	--	\$(462,000)
<b>Medi-Cal</b>	--	\$(3,800,000)	--	--	--	\$(3,800,000)
<b>Private Insurance / Payors</b>	--	\$(6,000)	--	--	--	\$(6,000)
<b>Misc. Revenue</b>	--	\$(85,000)	--	--	--	\$(85,000)
<b>AB 109 / AOT (Community Corrections Partnership)</b>	--	\$(147,000)	--	--	--	\$(147,000)
<b>Interest</b>	\$(25,000)	(\$35,000)	\$(15,000)	\$(1,000)	\$(8,000)	\$(84,000)
<b>Transfer from CSS</b>	--	\$700,000	--	\$(50,000)	(\$650,000)	\$0
<b>Fund Balance</b>	\$(2,500,000)	\$(7,300,000)	\$(700,000)	\$(250,000)	\$(1,000,000)	\$(11,750,000)
<b>Total Revenues Budgeted</b>	<b>\$(4,140,000)</b>	<b>\$(17,595,000)</b>	<b>\$(1,610,000)</b>	<b>\$(301,000)</b>	<b>\$(1,658,000)</b>	<b>\$(25,304,000)</b>

# FY 2021-2022 MHSA Expenditures

	PEI	CSS	INN	WET	CFTN	TOTAL
<b>Budgeted Expenditures from AB 114 Reversion Reallocation</b>	--	--	\$470,000	--	--	\$470,000
<b>Budgeted Expenditures from Fund Balance and New Revenues</b>	\$3,459,039	\$17,305,000	--	\$299,579	\$1,650,000*	\$22,713,618
<b>Total Budgeted FY 2021-22 MHSA Plan Expenditures</b>	\$3,459,039	\$17,305,000	\$470,000	\$299,579	\$1,650,000	\$23,183,618
<b>Anticipated Fund Balance at Fiscal Year End</b>	\$(680,961)	\$(290,000)	\$(1,140,000)	\$(1,421)	\$(8,000)	\$(2,120,382)
<b>Community Program Planning Process Costs (WIC 5892(c))</b>						\$323,000
	Included in the above expenditures, but not to exceed five percent (5%) of the CSS revenues					

# Areas of Unmet or Underserved Needs

*From the FY 2021/2022 MHSA Annual Update:*

- Student mental health needs
- Youth homelessness
- First Responder Mental Health First Aid
- Older adults mental health needs
- Bilingual/bicultural therapists and community partners
- Increased suicide prevention
- Respite provider for families with children
- Impact of COVID-19 on mental health needs
- The importance of the Community Hubs project



# Priority Populations

*From the FY 2021/2022 MHSA Annual Update:*

- Children (including ages 0-5, school-aged children, and foster youth)
- Transitional Age Youth (TAY)
- Veterans
- Hispanic and Latino individuals

# Monitoring, Evaluation, Reporting

- Programs are monitored throughout the year by the Quality Assurance / Utilization Review Team and the MHSA Team
  - Program requirements
  - Compliance with data and reporting
  - Client outcomes
  - Contract compliance
- Final program evaluation is completed after the end of the fiscal year
- Program outcomes are reported annually with the Three-Year Plan / Annual Update

# FY 2022/2023 Annual Update

# MHSA Update Highlights

## ● Current Projects Updates

- *Mental Health Block Grant (MHBG)* funding has expanded as well as the age group for First Episode Psychosis (FEP)
- *Friendly Visitors* program currently on hold due to lack of provider
  - If the program continues to be supported by community input, a Request For Proposal (RFP) will be developed to find a new provider

# MHSA Update Highlights

## o Recommended updates

- o Psychiatric Emergency Response Team (PERT)
  - o Current: Sheriff and Behavioral Health (BH) Clinician pair to respond to calls.
  - o Proposed:
    - o BH Clinician and Substance Use Disorders (SUDs) staff paired as the response team
    - o Expand program description to include disaster response
- o Crisis Residential Treatment (CRT) facility
  - o A non-locked facility to provide support and services to prevent individual from progressing to a higher level of care
  - o Provides more options for in-county placements (keep residents near their communities)
  - o Additional transition for individuals leaving a higher level of care (i.e. Psychiatric Health Facility)
- o WET Funding for staff license and examination costs
  - o Mental Health Clinicians – Approximately 40 staff (\$120-\$250 per)
  - o Doctors & Nurses – Approximately 5 staff (\$150-\$1000 per)

\*Renewals every two years per staff.

# MHSA Programming Ideas

- **Our Healing Forest**

- **SUMMARY:** Non-profit [501(c)(3), located in Camino, CA. Facilities and programs focused on supporting foster youth and resource families through nature connectedness activities, therapies and life skills education. The site is in the preliminary construction phase.
- **POPULATION:** Foster Youth and Resource Families
- **BENEFITS:** Connection to nature can have positive impacts on physical, mental and social aspects
- **FUNDING:** PEI

# MHSA Programming Ideas

- **Outdoor Recreation Therapy and/or Nature Therapy**
  - **SUMMARY:** Programming that uses the natural resources around El Dorado County as tools for promoting mental health. Activities administered by Certified Therapeutic Recreation Specialist (CTRS)
  - **POPULATION:** Research would suggest either youth or veterans would be likely populations to benefit most from such a pilot programs
  - **BENEFITS:** Outdoor Recreation has been shown to decrease impacts of PTSD in veterans. Nature Therapy can be linked to improved attention, lower stress, better mood, reduced risk of psychiatric disorders and increased empathy and cooperation.
  - **FUNDING:** PEI, INN or CSS depending on the program structure
  - If supported a Request for Proposal (RFP) would be developed to identify a vendor

# MHSA Programming Ideas

- **Peer Support Certification Program**

- **SUMMARY:** California MHSA (CalMHSA) developing a plan to include training, testing and certification of individuals with lived experiences (Peers) as a minimum qualification for individuals working in such a position within county behavioral health.
- **POPULATION:** Mental Health Consumers
- **BENEFITS:** Increased job opportunities, increase support networks
- **FUNDING:** WET and/or CSS



# Next Steps

- Receive input from stakeholders
- Analyze input received
- Begin writing Draft Annual Update
- Acknowledge stakeholder input
  - Behavioral Health will provide follow up information regarding how your input has been addressed in the Draft Annual Update
- The *Draft Annual Update* will be posted for 30-day public comment period
- Public Hearing by the Behavioral Health Commission
- Final Annual Update, including substantive comments, will be sent to the Board of Supervisors for consideration, resulting in:
  - Adoption of the Update as written;
  - Adoption of the Update with revisions; or
  - Decline to adopt the Update

# Next Steps (continued)

- After the MHSA Annual Update is adopted by the Board of Supervisors:
  - The County Auditor and Behavioral Health Director sign the Plan Certification forms
  - A copy of the Update is forwarded to the Mental Health Services Oversight and Accountability Commission (MHSOAC) and to the California Department of Health Care Services (DHCS)
  - The Behavioral Health Division will begin implementation of the Annual Update
  - Behavioral Health will begin the Community Program Planning Process for the Fiscal Year 2023/26 Three-Year Plan.

And now...

# We want to hear from you!

- Please tell us what you think about:
  - *What are the unmet or underserved mental health needs in El Dorado County*
  - *Mental health policy in El Dorado County*
  - *MHSA program planning*
  - *MHSA program implementation*
  - *Program monitoring, evaluation and reporting*
  - *Quality improvement*
  - *Funds budgeted to MHSA programs*

Our contact information is on the next slide.

**Input due  
January 15, 2022**

# CONTACT US

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- Online Survey:
  - English: <https://www.surveymonkey.com/r/MHSA22>
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- For MHSА updates and links to our Press Release, visit <https://edcgov.us/MentalHealth>