



**EL DORADO COUNTY
HEALTH AND HUMAN SERVICES AGENCY**

**Daniel Nielson, M.P.A.
Director**

FOR IMMEDIATE RELEASE

PROGRAM ANNOUNCEMENT

February 26, 2013

Contact: Naomie Harris
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Free Community Education Series features
Alzheimer's: Know the Ten Signs in March

El Dorado County Health and Human Services Agency sponsors **FREE** community education each month on a variety of topics affecting older adults.

Alzheimer's: "Know the Ten Signs" will be the featured presentation in March. This session will provide professional knowledge related to Alzheimer's disease, the most common form of dementia among older people. Dementia is a brain disorder that seriously affects a person's ability to carry out daily activities. Memory loss that disrupts daily life is not a typical part of aging and may be a symptom of Alzheimer's. Learn the warning signs, what to do if you notice the signs and why early detection is important.

Join the discussion on Thursday, March 28, 2013 from 10:00 a.m. – 11:45 a.m. at the Placerville Senior Center located at 937 Spring Street in Placerville.

Advanced registration is requested. Please call the EDC Family Caregiver Support Program at (530) 621-6151, (800) 510-2020 or Alzheimer's Association at (800) 272-3900 to register today. **FREE** in-home respite care is available to qualified caregivers; please call (530) 621-6151 or (800) 510-2020 for scheduling.

This class is sponsored in part by Alzheimer's Association and the El Dorado County Health and Human Services Agency Family Caregiver Support Program/ In-Home Supportive Services/ Public Authority/ Senior Health Education Program.

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Strengthening, Empowering and Protecting the Residents of El Dorado County

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3368 Lake Tahoe Boulevard, Suite 202 ❖ South Lake Tahoe, CA 96150 ❖ (530) 573-3490 ❖ FAX (530) 542-9312