Food and Nutrition Service (FNS)
Annual Cost of Living Adjustments for Federal Fiscal Year (FFY) 2020

The United States Department of Agriculture, Food and Nutrition Service (FNS) has issued the Federal Fiscal Year (FFY) 2020 Cost-of-Living Adjustments (COLAS) for the period of October 1, 2019 through September 30, 2020. This year’s COLA includes an increase to Maximum Allotments, as well as increase to allowable deductions.

The increased FPL levels could allow for increased eligibility for certain households depending on income and expenses.

Effective October 1, 2019, State and Federal laws provide for the following:

Maximum CalFresh Allotments:
These are benefit amounts your household would receive if your household had no income.

<table>
<thead>
<tr>
<th>HOUSEHOLD SIZE</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>Each Additional Person</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$194</td>
<td>$355</td>
<td>$509</td>
<td>$646</td>
<td>$768</td>
<td>$921</td>
<td>$1018</td>
<td>$1164</td>
<td>+$146</td>
</tr>
</tbody>
</table>

Additionally, the maximum excess shelter deduction has increased from $552.00 to $569.00. The homeless shelter allowance has increased from $143.00 to $152.06.

The standard deductions have changed as follows:

HOUSEHOLD SIZE STANDARD DEDUCTIONS for FFY 2020
1 to 3 persons $167.00 | 4 persons $178.00 | 5 persons $209.00 | 6 or more persons $240.00

The Standard Utility Allowance (SUA) of $415.00 increased to $432.00. The Limited Utility Allowance (LUA) of $130.00 increased to $135.00. The Telephone Utility Allowance (TUA) of $18 remains at this level.

For more information, current CalFresh recipients can call their existing case worker or access their account online at c4yourself.com. New or interested applicants without an existing CalFresh case can apply in office, online at c4yourself.com or by mail (call your local CalFresh office and request a packet to be mailed to you).

To Contact CalFresh Offices in El Dorado County:

**CalFresh Placerville Office**
3057 Briw Road
Placerville, CA 95667
Phone (530) 642-7300

**CalFresh South Lake Tahoe Office**
3368 Lake Tahoe Blvd., Suite 100
South Lake Tahoe, CA 96150
Phone (530) 573-3200