

## SENIOR CENTER

(530) 621-6150

The Placerville Senior Center provides an array of activities and services to older adults living in the community. Volunteers assist with front desk duties, answering phones, clerical support and greeting customers. Volunteers also assist in teaching Senior Activity classes, decorating bulletin boards and organizing the lending library.

## SENIOR LEGAL SERVICES

(530) 621-6154

Senior Legal Services is committed to protecting the independence and dignity of our community's older adults by providing legal advice, advocacy and assistance to any resident 60 years or older, regardless of income. Volunteers assist this program through clerical and office support.

## SENIOR NUTRITION PROGRAM

(530) 621-6160 (Western Slope)

(530) 573-3130 (Tahoe Basin)

The Senior Nutrition Program provides nutritious meals through congregate dining and home delivered meal service. There are seven locations where volunteers offer support: Placerville, Diamond Springs, Pollock Pines, Greenwood, Pioneer Park, El Dorado Hills and South Lake Tahoe. Volunteers assist in the kitchen, dining room or at the sign-in desk between 11am – 1pm. Home delivered meal drivers are needed between 10:00 a.m. - 1:00 p.m., depending upon location.

## SENIOR PEER COUNSELING

(530) 621-6304

Senior Peer Counseling (SPC) is a program that trains adults 55 and older to provide supportive lay

counseling to seniors in our community who are experiencing challenges associated with the aging process. SPC volunteers complete a 50 hour training program and attend a weekly meeting with the Clinical Supervisor to review cases.

## SENIOR SHUTTLE

(530) 621-4546

The Senior Shuttle van provides door-to-door transportation services to older adults living on the Western Slope of El Dorado County. Volunteer drivers assist with driving the Senior Shuttle and taking seniors grocery shopping and to special outing events.

## SUPERVISED VISITATION

(530) 642-4801 / (530) 642-7138

El Dorado County has children in foster care who are participating in the Family Reunification Program. As part of this program, children may visit with their parents, or other important people in their life. In some cases, these visits work best when another adult is there to support and monitor the process. To be a volunteer in this program volunteers need to meet the following criteria, in addition to all of the requirements in the HHSA Volunteer Policy A-HH-008: Be at least 21 years of age, commit to 5-15 hours per week, have a valid driver's license and vehicle insurance, successfully pass a background check, have a cell phone or remote communication device, and successfully engage in initial and ongoing training.



# VOLUNTEER OPPORTUNITIES

within the  
El Dorado County  
Health and Human Services Agency



Transforming Lives and  
Improving Futures

(530) 621-6150 (Western Slope)

(530) 573-3490 (Tahoe Basin)

Revised: 12/2016

# Volunteer Opportunities

How to get involved!

The El Dorado County Health and Human Services Agency (HHS) utilizes volunteers on a daily basis and many of our programs are dependent on volunteer efforts. Our Agency finds great joy in the dedication that our volunteers have put forth, and would love to share the experience with you and/or your family.

A completed HHS Volunteer Application is required for all HHS volunteer positions. Log onto our Volunteer Website to download a printable copy or contact specific programs to have a copy mailed to you.

[http://www.edcgov.us/HumanServices/Volunteer\\_Opportunities.aspx](http://www.edcgov.us/HumanServices/Volunteer_Opportunities.aspx)

Listed are some of the HHS Programs that utilize volunteers and brief descriptions of ways you can serve.



## ADULT DAY SERVICES

**(530) 621-6198 (Placerville)**  
**(916) 358-3565 (El Dorado Hills)**

Between our two Adult Day campuses (Placerville and El Dorado Hills) there are a great variety of services a volunteer can provide. Volunteers lead or co-lead activities that range from: exercise classes, dance, art, cooking, painting, bingo, horseshoes, bowling, hockey, balloon volleyball. Volunteers also provide live entertainment and assist with lunch service or snacks.

## ADULT OUTPATIENT BEHAVIORAL HEALTH CLINIC & WELLNESS CENTER

**(530) 621-6174 (Western Slope)**  
**(530) 573-7970 (Tahoe Basin)**

Volunteers at the Behavioral Health Wellness Center assist staff with meal preparation, client interaction and support, along with client outings and client groups. Volunteers may also assist clinicians with wellness check calls, and a variety of other duties as needed.

## ANIMAL SERVICES

**(530) 621-7631 (Western Slope)**  
**(530) 573-7925 (Tahoe Basin)**

Volunteers are always needed and are very important to provide services that mean so much for the animals in our shelter! Volunteer jobs include: Dog exercising, cat socializing, adoptions, foster care, grooming, trainings, special events, office support, etc.

## CALWORKS EMPLOYMENT SERVICES

**(530) 642-4850 (Western Slope)**  
**(530) 573-3200 (Tahoe Basin)**

Volunteers perform a variety of duties such as assisting clients with employment search on computers in the Resource Room, calling clients to set appointments, administrative duties such as scanning and creating case files and other duties as needed. Volunteers must: Be at least 21 years of age and have a valid driver's license.

## IMMUNIZATION PROGRAM

**(530) 621-6108**

Public Health utilizes registered nurses to help with vaccine administration at our annual flu clinics and other non-medical individuals to help with paperwork at these clinics. To volunteer with flu clinics, volunteers must sign up by August 15th of the flu clinic year.

## LONG-TERM CARE OMBUDSMAN PROGRAM

**(530) 621-6271**

Long-Term Care Ombudsmen are citizen advocates who visit residents in licensed long-term care facilities to ensure both quality of life and quality care. They investigate complaints and/or concerns, and help to resolve problems, advocating from the resident's perspective. Ombudsman volunteers complete 36 hours of training for State certification.