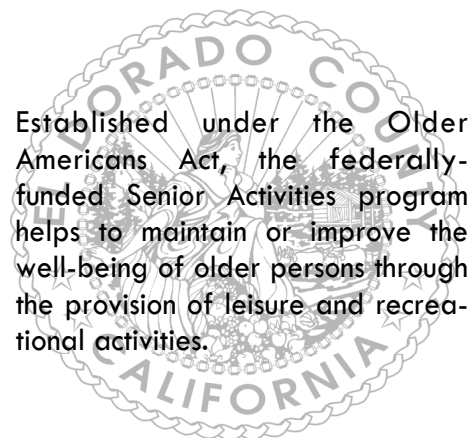




Looking for a great place to meet new friends, get fit, play cards, or learn a new hobby? You can find a wide variety of enrichment classes and leisure activities at one of our senior centers.

## Senior Centers

<p><b>Diamond Springs</b> Lion's Hall 4107 Missouri Flat Rd. (530) 622-8131</p>	<p><b>Pollock Pines</b> Senior Center 5581 Gail Dr. (530) 644-4008</p>
<p><b>El Dorado Hills</b> Senior Center 990 Lassen Ln. (916) 358-3575</p>	<p><b>Somerset</b> Pioneer Park Community Center 6740 Fairplay Rd. (530) 620-5432</p>
<p><b>Greenwood</b> Community Center 4411 Hwy. 193 (530) 885-9160</p>	<p><b>South Lake Tahoe</b> Senior Center 3050 Lake Tahoe Blvd. (530) 573-3130</p>
<p><b>Placerville</b> Senior Center 937 Spring St. (530) 621-6158</p>	



Established under the Older Americans Act, the federally-funded Senior Activities program helps to maintain or improve the well-being of older persons through the provision of leisure and recreational activities.

**EL DORADO COUNTY**  
AREA AGENCY ON AGING

**SENIOR ACTIVITIES**  
Department of Human Services  
937 Spring Street  
Placerville, CA 95667  
[www.co.el-dorado.ca.us/humanservices/activities.html](http://www.co.el-dorado.ca.us/humanservices/activities.html)  
Program Coordinator: Celeste Cooney



Phone: 530.621.6158  
Toll-free: 800.510.2020  
Fax: 530.295.2581

## SENIOR ACTIVITIES

CLASSES | TRAVEL | FITNESS



Live active. Live well. Live long.



An Area Agency on Aging Serving El Dorado County

Toll-free: **800.510.2020**  
**530.621.6158**



**EL DORADO COUNTY**  
AREA AGENCY ON AGING

# active aging

ENRICHING LIVES



## Senior Activities Program

Through recreational, educational, and social programs, the Senior Activities Program is dedicated to involving, enriching, and empowering adults 55 years or better to create and maintain independence in all phases of life. We strive to provide opportunities for personal growth, innovative programming, novel experiences, volunteer opportunities, and a comfortable social atmosphere for meeting new friends.

Whether you're a baby boomer or a senior, you can find an exciting menu of programs, wellness and physical fitness classes, special events, stimulating travel, and a variety of planned social and recreational activities. Whatever you interest, there's something for everyone at your local senior center. Check the Senior Times Newsletter or visit our website for detailed monthly calendars of activities.

*Come join the fun!*



**530.621.6158**  
Or Toll-Free at  
**800.510.2020**

## Activities and Classes



Each center offers a variety of ongoing and special classes including creative arts, crafts, card games, physical fitness, and more! Classes are developed on the interests of participants and trends in the community.



- \* Bingo
- \* Book club
- \* Bridge
- \* Bunco
- \* Canasta
- \* Ceramics
- \* Cribbage
- \* Dominoes
- \* Fitness
- \* French club
- \* Hiking
- \* Knit/Crochet
- \* Line dancing
- \* Mah jong
- \* Oil painting
- \* Pinochle
- \* Pottery
- \* Quilting
- \* Sewing club
- \* Tea dance
- \* Walking group
- \* Watercolor



*Meet friends,  
share experiences,  
stay active*

## Travel and Tours

The travel program offers interesting local day trips and exciting extended tours. Day trips include travel to theater, museums, and other interesting destinations by chartered motorcoach.

Extended tours include travel throughout the United States, international travel, and cruises. These trips are fully escorted and combine sightseeing, entertainment, and leisure time. Leave all the details and transportation to us while you enjoy a relaxing, scenic trip in good company!



## **NEW** Computer Center



Our new computer center includes seven computer stations equipped with state-of-the-art equipment with high-speed internet that is available for you to email friends and family, practice your skills, or to just explore the wealth of information that is available online. There are no fees to use the Computer Center—it is here to benefit seniors (60+ years) who live in El Dorado County. Wi-Fi access will be coming to the Senior Center very soon, so you can bring in your laptop to utilize high-speed internet, also at no charge.

Computer classes are available at the introductory and intermediate levels, as well as special interest classes such as genealogy, digital photography, etc. Class fees vary, but are very affordable and scholarships are available.